



Quarterly Connection

For Supports Coordinators

brought to you by the Supporting Families' Supports Coordination Innovation Workgroup

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INTRODUCTION

The Supporting Families' Supports Coordination (SC) Innovation Workgroup has been sharing ideas to align SCs with the LifeCourse Framework to better support self advocates and families with their vision of a good life.

The *Quarterly Connection for Supports Coordinators* will help SCs fill their buckets to help them better support individuals and families throughout the lifespan.

Our Core Belief: All people have the right to live, love, work, play and pursue their own life aspirations.

QUARTERLY TOPIC: Communication



What the individual said they wanted



How the DSP understood it



How the DSP described it to the rest of the team



How the family interpreted it



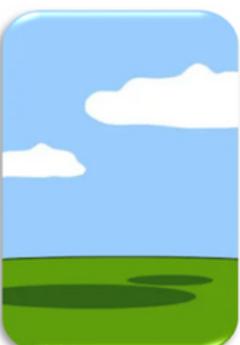
How the team explained it to the SC



What the SC wrote in the ISP



How it was implemented



How progress was measured



How the individual felt



What the individual really wanted

What does this look like in practice?

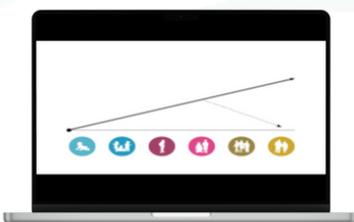


Communication is a two-way street. It isn't just about the words you use, but how you understand the words that other people use. Our personal experiences and relationships influence how we assign meaning to words. With so much diverse experience among people, of course misunderstandings happen every day! Ask more questions. Use LifeCourse tools like the trajectory to guide your discussions. Remember 'the swing' and make sure to check with each other often to see if you are on the same page.

OSCAR'S STORY

Hello. My name is Oscar Drummond, self-advocate. The trajectory has helped me in a lot of ways. I can do a lot more, have a lot more opportunities and see how far I have come. The trajectory can tell a lot about how we are going to get there (to my Vision) together. It makes clear I WANT to do these things AND I DON'T want to do these things. The challenge is that people don't always believe you can get the support you need. And you must have a team. It takes a whole TEAM, all together, to be successful. The trajectory helps bring new staff onboard and make sure they are involved. The tool helps everyone on the team be on the same page, see who is missing from the team and bring them onboard, too.

Thank you for listening,
Oscar



Want to learn more about the LifeCourse trajectory? Just click on the link below to download your copy of the Trajectory of Exploring or Trajectory for Planning. There is also a Life Trajectory Tip Sheet: an overview of how and why to use this tool!



[Person Centered - LifeCourse Nexus \(lifecoursetools.com\)](https://lifecoursetools.com)

UPCOMING EVENTS

1

Using the LifeCourse to Plan the ISP *Hosted by PA Family Network/ Vision for Equality*

October 25: 10am-12pm

➔ To add the event to your calendar, click [here](#).

2

National Innovation Roundtable Discussions *Hosted by the National CoP for Supporting Families*

November 2: 2pm-3pm- Expanding, Leveraging, Supporting the Power and Sustainability of Family Networks.

➔ To register for this session, click [here](#).

December 7: 2pm-3pm- Supporting Families Best Practices Series: Professionalizing Roles for People with Disabilities and their Families.

➔ To register for this session, click [here](#).

3

SC Innovation Workgroup

November 6: 1pm-2pm

Interested in learning more about the workgroup? Contact nhampson@pa.gov or visit

➔ [Community of Practice- Innovation Areas \(myodp.org\)](https://myodp.org)

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Changing the LifeCourse: Applying Principles and Using Tools to Support a Good Life

December 20: 11am-3pm

Registration opens November 13 at 8am. Seating is limited.

➔ [Course: LifeCourse: Applying Principles and Using Tools \(myodp.org\)](https://myodp.org)

Resources



➔ [PA Family Network - Vision For Equality](#)

➔ [News \(sau1.org\)](https://sau1.org)

➔ [Person Centered - LifeCourse Nexus \(lifecoursetools.com\)](https://lifecoursetools.com)

➔ Locate your regional collaborative on MyODP [here](#).

Receive information directly from the LISTSERV!

➔ Sign up for the Community of Practice Supporting Families LISTSERV [here](#).

➔ Sign up for the ID/A specific SCO LISTSERV [here](#).

➔ Sign up for the AAW specific SCO LISTSERV [here](#).

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THE COMMUNITY OF PRACTICE
FOR SUPPORTING FAMILIES OF INDIVIDUALS WITH
INTELLECTUAL & DEVELOPMENTAL DISABILITIES

This newsletter has been developed by the Department of Human Services, Office of Developmental Programs.

If you have any questions or comments about this newsletter, please contact Nancy Hampson at nhampson@pa.gov.