

# July Virtual ... Events ...




A non profit, by people with disabilities,  
for people with disabilities. Power Up!

 [724 588 2378](tel:7245882378)

 [info@saul.org](mailto:info@saul.org)

 [saul.org](http://saul.org)

 [984 Water St.  
PO Box 297  
Meadville, PA 16335](#)

 [@speakupSAU1](https://www.facebook.com/speakupSAU1)

 [@speakupSAU1](https://www.instagram.com/speakupSAU1)

 [@speakupSAU1](https://twitter.com/speakupSAU1)

 [givebutter.com  
/PowerSAU1](https://givebutter.com/PowerSAU1)

## POWER TALK WITH ODP

**July 14th, Friday 10:30AM-11:30AM**

Join us to talk about services, issues, and Covid. Get the answers you need to speak up and live your life, your way. Call or email us with your questions and comments, and we'll share them with ODP!

## ALL ABOUT JOBS

**July 19th, Wednesday 12:30PM-2:30PM**

Join us to talk about planning to work, finding and keeping a job, your rights, workplace accommodations, ODP funded services, your benefits and other supports

## ALL ABOUT RIGHTS

**July 21st, Friday 10AM-12PM**

Learn about human rights, civil rights and the history of rights. We'll also go over the rules about people's rights and speaking up for your rights. Find out more about ODP Services and Complaints about Services.

## HOW TO JOIN:

**For video and audio by computer or smartphone,** get the passcode from Rita anytime before the event!

Call [724 588 2378](tel:7245882378) or Email [power@sau1.org](mailto:power@sau1.org)

The day of the event, go online at [sau1.me/zoom](https://sau1.me/zoom) then enter the passcode or join right from our online events calendar at [sau1.me/events](https://sau1.me/events) and enter the passcode.

**For just audio from any phone:** dial 646 876 9923, then meeting ID: 223 344 5555 ##



All events are scheduled for Eastern Time and close captioned for those using video.

## WANT TO JOIN US IN PERSON?

**Keep an eye out for events in your area:**

go to [sau1.org/power-events](https://sau1.org/power-events) for the latest news on our local Power Events

**Spread your power to friends and family!**

Families, staff, allies and other guests are welcome to listen and learn.

## HAVE YOU REGISTERED FOR SPEAK UP SATURDAYS YET?

SAU1 is coming to YOUR area with **two** NEW events! You Are NOT Alone! Tackling Tough Times and All About Wellness. The events run from 10:30AM-4PM, are FREE to attend, and include complimentary lunch and refreshments. **Everyone** is welcome to attend.

**Northeast PA- July 15:**

Luzerne County Community College, 521 Trailblazer Drive, Nanticoke, PA 18634

**Northwest PA - July 22:**

SAU1 Offices, 984 Water St., Meadville PA 16335

**Southwest PA - July 29:**

Mount Ararat Baptist Church, 271 Paulson Ave., Pittsburgh PA 15206

**Central PA - July 29:**

Giant Foods Community Center, 2300 Linglestown Rd., Harrisburg PA 17110

**How to Register:**

Online at [sau1.me/speakupsaturdays](https://sau1.me/speakupsaturdays) or through Carla at [814 201 6061](tel:8142016061) or [carla@sau1.org](mailto:carla@sau1.org)



Self Advocates United As 1  
984 Water St. PO Box 297  
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**SAPNA**

The Self Advocacy Power Network for All (SAPNA) is a project of the PA Office of Developmental Programs, Department of Human Services and managed by Self Advocates United as 1.