

# June Virtual ... Events ...




A non profit, by people with disabilities,  
for people with disabilities. Power Up!

 [724 588 2378](tel:7245882378)

 [info@saul.org](mailto:info@saul.org)

 [saul.org](http://saul.org)

 [984 Water St.  
PO Box 297  
Meadville, PA 16335](https://www.google.com/maps/place/984+Water+St,+Meadville,+PA+16335)

 [@speakupSAU1](https://www.facebook.com/speakupSAU1)

 [@speakupSAU1](https://www.instagram.com/speakupSAU1)

 [@speakupSAU1](https://twitter.com/speakupSAU1)

 [givebutter.com  
/PowerSAU1](https://www.givebutter.com/PowerSAU1)

## WAIVER COMMENTS WITH KATIE-MARIE

**June 9th, Friday 10:30AM-12PM**

Join us as our guest, Katie-Marie from the PA Office of Developmental Programs (ODP) tells us about the newest changes to the waivers that provide supports for people. You will be able to learn how the changes may affect you and ask questions.

## ALL ABOUT RELATIONSHIPS

**June 23rd, Friday 10AM-12PM**

Join us to talk all about relationships. We will go over the different kinds of relationships and how we make them. Learn what healthy and unhealthy relationships look like, what abuse is, and what to do about abuse.

## HOW TO JOIN:

**For video and audio by computer or smartphone,** get the passcode from Rita anytime before the event!

Call [724 588 2378](tel:7245882378) or Email [power@sau1.org](mailto:power@sau1.org)

The day of the event, go online at [sau1.me/zoom](http://sau1.me/zoom) then enter the passcode or join right from our online events calendar at [sau1.me/events](http://sau1.me/events) and enter the passcode.

**For just audio from any phone:** dial 646 876 9923, then meeting ID: 223 344 5555 ##



All events are scheduled for Eastern Time and close captioned for those using video.

All events listed are SAPNA events. The Self Advocacy Power Network for All (SAPNA) is a project of the PA Office of Developmental Programs, Department of Human Services and managed by Self Advocates United as 1.

## WANT TO JOIN US IN PERSON?

**Keep an eye out for events in your area:**

go to [sau1.org/power-events](http://sau1.org/power-events) for the latest news on our local Power Events

**Spread your power to friends and family!**

Families, staff, allies and other guests are welcome to listen and learn.

## HAVE YOU REGISTERED FOR SPEAK UP SATURDAYS YET?

SAU1 is coming to YOUR area with **two** NEW events! You Are NOT Alone! All About Trauma and All About Wellness. The events run from 10:30AM-4PM, are FREE to attend, and include complimentary lunch and refreshments.

**Southeast PA - June 10:**

Salvation Army Kroc Center, 4200 Wissahickon Ave., Philadelphia PA 19129

**Southeast PA - June 24:**

PaTTAN, 333 Technology Dr., Malvern PA 19355

**Northeast PA- July 15:**

Luzerne County Community College, 521 Trailblazer Drive, Nanticoke, PA 18634

**Northwest PA - July 22:**

SAU1 Offices, 984 Water St., Meadville PA 16335

**Southwest PA - July 29:**

Mount Ararat Baptist Church, 271 Paulson Ave., Pittsburgh PA 15206

**Central PA - July 29:**

Giant Foods Community Center, 2300 Linglestown Rd., Harrisburg PA 17110

**How to Register:**

Online at [sau1.me/speakupsaturdays](http://sau1.me/speakupsaturdays) or through Carla at [814 201 6061](tel:8142016061) or [carla@sau1.org](mailto:carla@sau1.org)



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